

YOUth 2.0 Europe

heartfulness



3- day virtual event
encompassing sessions
on self-discovery, artistry,
personal growth and
professional success

Register NOW
heartfulness.org/en/youth



26th-28th
June 2020

Workshops and sessions led by experts,
business leaders, artists, executive coaches and thought leaders

Inspiration

Graffiti
Kendama
Feldenkrais
Artistic process
Electronic music
Exploring multiple
career paths



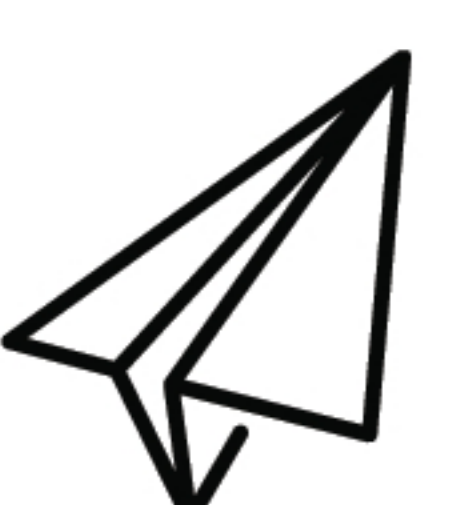
Harmony

Qi-Gong
Meditation
Flow Movement
Emotional resilience
Sustainable communities
Restorative Self-care
Deep Listening
Feet exercises
Mindfulness
Yoga



Aspiration

Journalling
Leadership
Growth Mindset
Success Breakthroughs
Digital & Cultural Transformation
Combating Stress & Burnout
Nonviolent Communication
Connected teams
Career evolution



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Explore Day 1
26th June 2020
14:00- 20:00 CET



Mark Milton
Director, E4P



Clémentine Raphel
Youth Ambassador, E4P



Camila Hurtado
Leadership Development
Consultant, Allianz SE



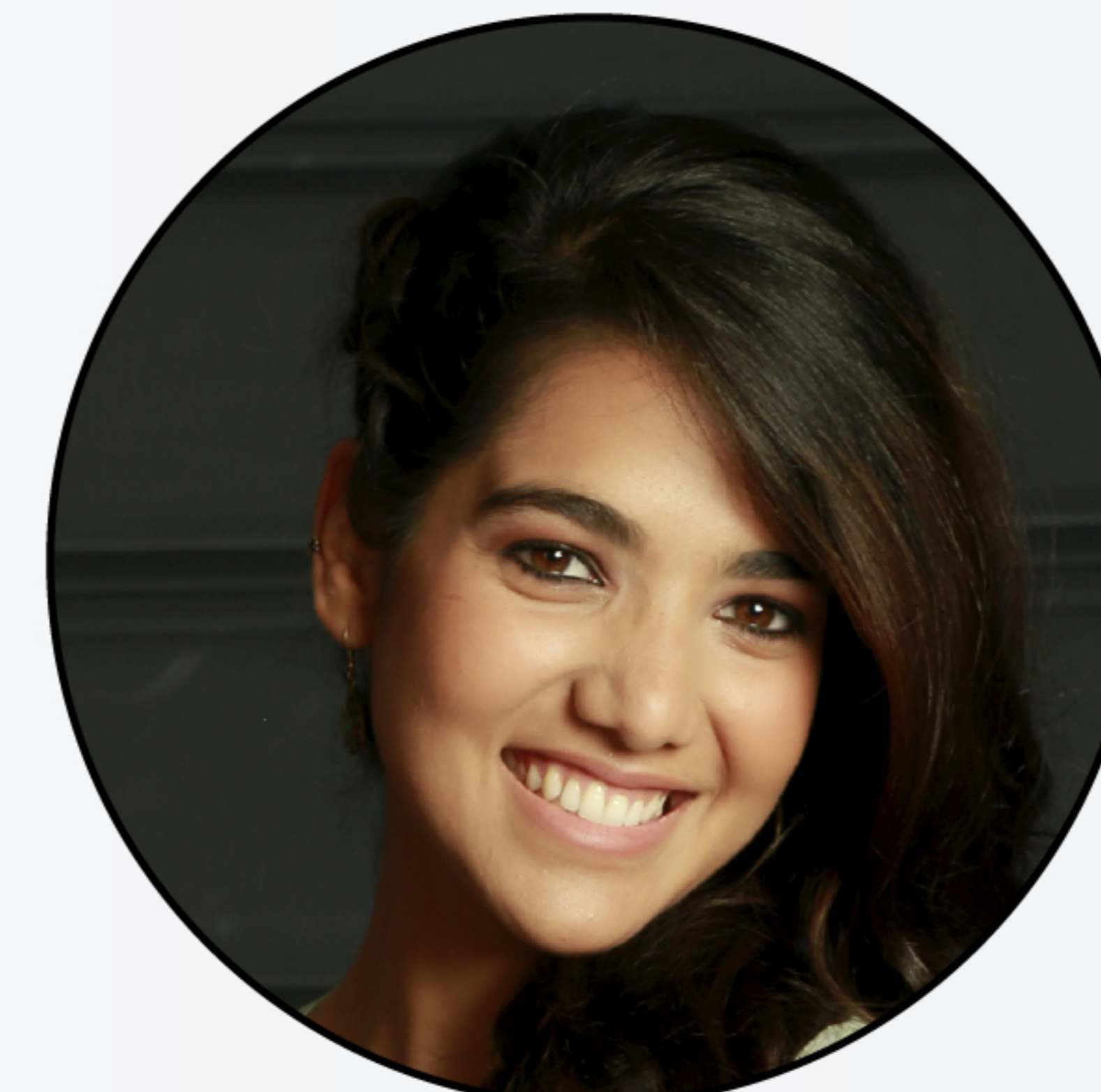
Nigel Moya
Founder, Flow
Leadership Dynamics



Ben Le Vesconte
Coach & Educator
Vivobarefoot



Angus Nelson
Actor & Musician



Paridhi Singh
Trainee Solicitor



Joshua Pollock
Author & Musician



Annelies V'ant Westeinde
Heartfulness Yoga



Jay Lakhani
Director,
Wellbeing foundation



Young Artists
Artists from Germany

Embrace Day 2
27th June 2020
11:00- 18:30 CET



Alain Desvigne
CEO, Amarenco



Christian Dürr
Founder & MD, Isar Estates



Magdalena Malinowska
Founder,
Empathic Way Europe



Betzabel Falfan
Dancer, Performer
Actress



Kim Polonius
Professional life Coach
e-cube.one



André Nickl
Team performace coach,
e-cube.one



Janne Hartkainen
Artist & Music Producer



Aleksandra Geric
CEO, Moonwise



Ana Munguia
Head of Operations,
Allianz SE



Arnaud Claveau
Qi-Gong & Sophrology
trainer



Vasco Gaspar
Author, Speaker &
Facilitator, Human Flourishing



Thorkild May
CEO & Founder
KROM Kendama



Ben Le Vesconte
Coach & Educator,
Vivobarefoot



**Hasmig Tattiosian &
Armen Menechyan**
Co-founders, Stega



Sandy Brueckner
Digital transformation
expert, Linde

Evolve with Day 3
28th June 2020
11:30- 19:00 CET



Melinda Varfi

Co-founder,
Impact Hub Budapest



Pierre Ravan

Artist, DJ & Producer
Karavan



Sylvain Wubs

Sports teacher &
Movement Coach



Sunil Dovedy

Professional Director
Adizes Institute



Katherine Randel

COO & Co-founder,
Spangle X Matte



Sharanyaa Iyer

Student



Elizabeth Denley

Editor,
Heartfulness Magazine



Avani Patel

Student



Pipina Katsaris

Head of Field Office Samos
UNHCR, Greece



Ben Le Vesconte

Coach & Educator
Vivobarefoot



Laurence Besançon

President,
Ici et 2 mains



Eva Vandest

Lawyer, AgriPV advisor
Amarenco



Alexandre Davy Gay

Deputy Director,
Egis Group



Camila Hurtado

Leadership Development
Consultant, Allianz SE



Amir Imani

Mindfulness &
Heartfulness trainer

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